



FMPAC
Executive Board
(2015 - 2016)

Elizabeth Ochoa

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Pasco County

Dahlia Peña

Vice-President
Miami-Dade County

Maria Rodriguez

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Putnam County

Maria Segura

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Dr. Maria I. Pouncey

FMPAC Coordinator
315 N. Key St.
Quincy, FL 32351
Telephone: 850-875-3806
Fax: 850-627-9489
maria.pouncey@paec.org

Florida Migrant Parent Advisory Council (FMPAC)



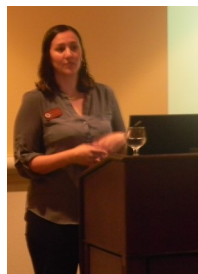
The fourth meeting of the Florida Migrant Parent Advisory Council (FMPAC) for the 2015-2016 school year took place at the Rosen Shingle Creek Hotel in Orlando, Florida on April 8 & 9, 2016. Elizabeth Ochoa welcomed members and called the meeting to order. Ten members attended. The agenda and minutes from the previous meeting were approved.

Marijuana: Facts Parents Should



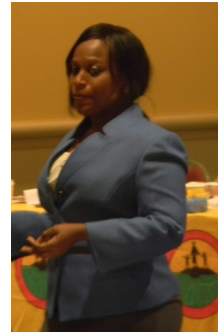
Know. Presenters: Laura Beltran and Maria Segura. Ms. Beltran and Ms. Segura talked about what marijuana is, the effects, why young people use it, how a parent can tell if their child is using it, and how to prevent their child from using it.

Mental Health/Suicide Prevention for Teens. Presenter: Dr. Ana Oliver, FSU College of Medicine. Dr. Oliver shared the factors and strategies on prevention. She also talked about the 5 signs of depression, which are: (1) sadness, hopelessness, (2) low grades, (3) loss of pleasure sense, (4) over sleep or lack of sleep, and (5) change in appetite.



Deferred Action for Childhood Arrivals (DACA)/Deferred Action for Parents of Americans and Lawful Permanent

Residents (DAPA). Presenter: Aisha N. Chaney, Immigration lawyer. Ms. Chaney gave the definitions, requirements and a step by step review of each action.



Legislative Updates

2016 and FLDOE Parent Checklist. Presenter: Maria Pouncey, FMPAC Coordinator. Dr. Pouncey provided an update on what is happening at the legislative level and handed out a Parent Checklist from the Florida Department of Education.

National Migrant Conference: San Diego, California. Presenters: Elizabeth Ochoa, Dahlia Peña, Maria Rodriguez. Elizabeth, Dahlia and Maria provided a summary of the presentation they will be conducting at the National Migrant Conference titled "Cultivating Seeds for a Brighter Future."

Computer Training. Presenter: Isaac Altamirano, PAEC Migrant Technical Assistant. Mr. Altamirano guided members through creating a Zoom account and videoconferencing setup. During this process, he explained how to access the program and how to download it to any device.



Florida Migrant Parent Advisory Council (FMPAC)

FMPAC Members

By County

Collier

Maria Segura

Hernando

Elizabeth Ochoa

Hillsborough

Felix Jose

Miami-Dade

Dahlia Peña

Pasco

Laura Beltran

Polk

Rosa Flores

Putnam

Maria G. Rodriguez

Suwannee

Epifania Maya

Volusia

Irene Flores

FMPAC District

Members by County

Madison

Nicholas Gonzalez

Miami-Dade

Martha Torres

Suwannee

Nacla Jimenez

Volusia

Katie Amaral



Message from the FMPAC President:



Hello Everyone,

Our last meeting of the year was a reflection of what we have learned throughout the entire year. I am so proud of each one of you! We have all grown so much and it shows. And the thanks is due to so many, but most importantly to the fact that FMPAC exists. It is helping educate us and our districts with many useful resources! The national conference was a huge success! Dahlia and I can't wait to share all the details with you. Hope everyone has an awesome summer. Playtime is over, its time to get ready for another productive year!

Respectfully yours,

Eli Ochoa

FMPAC President





Recognitions



**Katie Amaral
Crystal Apple Award
Winner!**





Participant Survey Results

Trainings/Workshops:	
Marijuana: Facts Parents Should Know	Strongly agree = 11 Agree = 1
Computer Training: PowerPoint Presentations	Strongly agree = 9 Agree = 2
Mental Health and Suicide Prevention for Teens	Strongly agree = 12 Agree = 0
Deferred Action for Childhood Arrivals (DACA)/Deferred Action for Parents of Americans and Lawful Permanent Residents (DAPA)	Strongly agree = 9 Agree = 2
Legislative Updates 2016 and FLDOE Parent Checklist	Strongly agree = 9 Agree = 2
National Conference Presentation	Strongly agree = 9 Agree = 1
Computer Training on Video Conferencing	Strongly agree = 9 Agree = 0
Accommodations	
Hotel (your room) was comfortable.	Strongly agree = 11 Agree = 1
The food was of good taste.	Strongly agree = 11 Agree = 1
The hotel staff was kind.	Strongly agree = 11 Agree = 1
PAEC staff was helpful during the conference preparations.	Strongly agree = 11 Agree = 1
The meeting room was comfortable (it was not too cold or too hot).	Strongly agree = 11 Agree = 1
The material used was easy to understand	Strongly agree = 11 Agree = 1
Meeting times, location, and childcare:	
Weekend meetings.	Strongly agree = 11 Agree = 1
Childcare available.	Strongly agree = 10 Agree = 2
Central area in Orlando.	Strongly agree = 11 Agree = 1
Central place (in Orlando instead of another Florida city) for all members.	Strongly agree = 11 Agree = 1

References

Florida Department of Education

Visit the FMPAC website myfmpac.org/español for more information in Spanish.

